



# Durango Wrestling Club 2022

## Wrestler Code of Conduct

The Durango Wrestling Club (DWC) is an organization that promotes fitness, self-discipline, teamwork, academics, dedication, self-esteem and good sportsmanship for all its wrestlers. Wrestlers are expected to maintain the highest standards of conduct, personal behavior, ethics and sportsmanship and to display these standards at all times. By signing this document, I am acknowledging that I understand these expectations. The failure to meet them may result in the DWC Board and/or Coaches excluding me from attending practices and/or tournaments, and that repeated or serious violations of these standards may result in disciplinary actions up to and including my removal as a wrestler from the DWC.

**As a DWC wrestler, I understand that I am expected to abide by the following standards:**

- I will accept success with humility, failure with dignity, and in all cases accept the outcome with pride when I have made my best effort.
- I will respect teammates and opponents as persons and treat them with dignity.
- I will not endanger the safety of others through my actions.
- I will refrain from comments or behaviors that are abusive, offensive, racist, sexist or otherwise belittling or demeaning to others, and not tolerate this behavior from others.
- I will strive for personal excellence in wrestling and honor and respect the spirit and traditions of the sport.
- I will be a good practice partner so that I assist teammates in preparing for competition.
- I will respect the decisions of officials and accept DWC rules, policies, and procedures.

**I agree to abide by this code of conduct and understand the potential consequences for failing to do so, which may include my removal as a wrestler from the DWC:**

\_\_\_\_\_  
(Print) Wrestler/Parent Name

\_\_\_\_\_  
(Signature) Wrestler/Parent Name

\_\_\_\_\_  
Date